

# How to Keep Your Healing

### 1) Resist the devil.

If symptoms return as Satan attacks you again to convince you God did not really heal you, do not ignore them. Rebuke them in Jesus' name consistently until they're gone.

#### James 4:7-8

Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

Note the order here: submission to God first, resistance next, followed by victory. Notice that after the victory, we are instructed to come near to God, repent and purify our hearts, so we can conclude that this is an active ongoing process.

#### 2 Timothy 1:7

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. Fear is not of God. Don't give into it.

#### 2 Corinthians 10:4-5

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Remember to use the blood of Jesus to cover yourself and your family. Use the name of Jesus that is above every name. Put on the full armor of God and keep it on. Remember that the Word of God is the only offensive weapon listed in the armor.

Caution: Because God's divine healing is spiritual, it can be lost by opening the door to the devil.

# 2) Praise the Lord.

Praise him in all circumstances. Praise him when you're alone and in the company of others.

#### Psalm 34:1-3 I

will extol the LORD at all times; his praise will always be on my lips. My soul will boast in the LORD; let the afflicted hear and rejoice. Glorify the LORD with me; let us exalt his name together.

God inhabits the praises of his people.

#### Psalm 22:3 (KJV)

But thou art holy, O thou that inhabitest the praises of Israel.

Praise silences the devil.

#### Psalm 8:1-2

O LORD, our Lord, how majestic is your name in all the earth! You have set your glory above the heavens. From the lips of children and infants you have ordained praise because of your enemies to silence the foe nd the avenger.



Praise positions you for victory.

#### Psalm 106:47 (KJV)

Save us, O LORD our God, and gather us from among the heathen, to give thanks unto thy holy name, and to triumph in thy praise.

Praise is a garment of the Spirit to fight the spirit of heaviness.

#### Isaiah 61:3b

... to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair.

Praise brings revelation.

#### Psalm 49:4 (KJV)

I will incline mine ear to a parable: I will open my dark saying upon the harp.

This refers to receiving a prophetic word as you praise and it being released through music.

Praise prepares us to receive miracles.

#### Psalm 50:23

He who sacrifices thank offerings honors me, and he prepares the way so that I may show him the \*salvation of God.

[\*Strongs Concordance: deliverance, safety, protection, healing, preservation, being blessed to do well and be made whole]

Recount the wonderful things he has done for you in the past. When we begin to thank him for what he has already done, it doesn't take long to build up your faith. (Read example in **Psalm 105**)

Praise is the way to enter into his presence.

#### Psalm 100:4

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

God honors your praise when it is a sacrifice and you don't feel like doing it. He wants you to choose to praise him regardless of your circumstances and feelings.

#### **Hebrews 13:15**

Through Jesus, therefore, let us continually offer to God a sacrifice of praise the fruit of lips that confess his name.

#### Habakkuk 3:17-18

Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the LORD, I will be joyful in God my Savior

# 3) Keep a grateful heart.

#### 1 Thessalonians 5:18

Give thanks in all circumstances, for this is God's will for you in Christ Jesus.



#### Ephesians 5:20

Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

#### Philippians 4:6-7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

## 4) Know the Word for yourself that you are standing on.

Build a solid foundation of faith to stand on by studying the healing scriptures.

#### Proverbs 4:20-22

My son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body.

The Word of God is an offensive weapon when you use it to fight the enemy.

#### **Hebrews 4:12:**

For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

# 5) Keep seeking after God and not his gifts.

#### Hebrews 3:1

Therefore, holy brothers, who share in the heavenly calling, fix your thoughts on Jesus, the apostle and high priest whom we confess.

#### Hebrews 12:2-3

Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

## 6) Testify every chance you get about what God has done for you.

#### Revelation 12:11a

They overcame him by the blood of the Lamb and by the word of their testimony.

#### Psalm 118:17

I will not die but live, and will proclaim what the LORD has done.

#### Psalm 40:9-10

I proclaim righteousness in the great assembly; I do not seal my lips, as you know, O LORD. I do not hide your righteousness in my heart; I speak of your faithfulness and salvation. I do not conceal your love and your truth from the great assembly.

# 7) Pray in the Spirit.

#### Ephesians 6:18a

And pray in the Spirit on all occasions with all kinds of prayers and requests.



#### Jude 20

But you, dear friends, build yourselves up in your most holy faith and pray in the Holy Spirit.

## 8) Expect the fullness of God's promises.

#### Hebrews 11:6

And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

#### John 11:40

Then Jesus said, "Did I not tell you that if you believed, you would see the glory of God?"

## 9) Remain in forgiveness.

#### Matthew 6:14-15

For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.

#### Luke 11:4a

Forgive us our sins, for we also forgive everyone who sins against us.

## 10) Check your love walk. Keep your life free from sin.

#### Galatians 5:6b

The only thing that counts is faith expressing itself through love.

#### Colossians 3:5-9a, 12-14

Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. Because of these, the wrath of God is coming. You used to walk in these ways, in the life you once lived. But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other. . . Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances

you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.

# 11) Guard your words. (refer back to the teaching on the power of the tongue)

#### Proverbs 18:21

The tongue has the power of life and death, and those who love it will eat its fruit.

# 12) Keep feeding your faith. What you gain by faith can be lost by doubt.

#### Hebrews 11:1

Now faith is being sure of what we hope for and certain of what we do not see.

#### **Romans 10:17**

Consequently, faith comes from hearing the message, and the message is heard through the word of Christ.



## 13) Keep on asking.

#### Matthew 7:7-11

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened. Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

#### James 4:2c

You do not have, because you do not ask God.

## 14) Fast, if necessary, for breakthroughs.

#### Matthew 6:16-18

"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."

#### Matthew 17:21

But this kind [of demon] does not go out except by prayer and fasting. (See text note, also Mark 9:29)

# 15) Check your obedience. Has God asked you to do something you have not done yet?

#### James 1:22

Do not merely listen to the word, and so deceive yourselves. Do what it says.

#### John 14:15

"If you love me, you will obey what I command."

## 16) Persevere.

#### Hebrews 10:35-36

So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised.

#### 1 Peter 5:8-11

Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings. And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen.